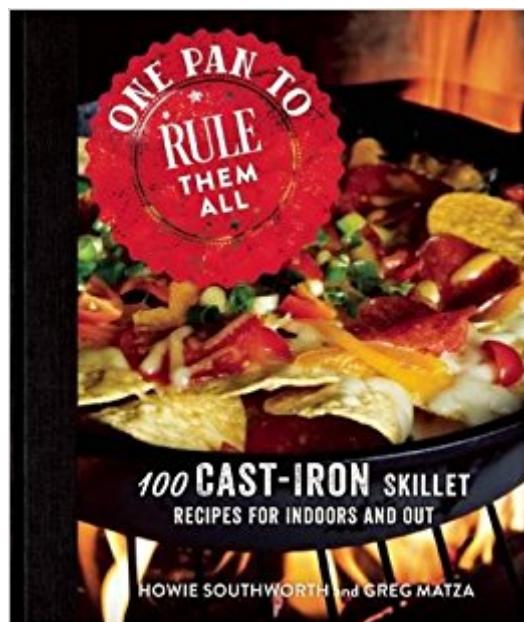


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# One Pan To Rule Them All: 100 Cast-Iron Skillet Recipes For Indoors And Out



## Synopsis

Let's face it. If your kitchen had just one pan, one single tool to accomplish any cooking concoction you dare to dream, it should be a pretty awesome one, right? The chosen one, the golden child, the king of the ring, the one true pan to rule them all! It should be a cast-iron skillet! Cast-iron cookware is a proven hero, never goes out of style, and cannot be destroyed despite how you feel about yourself as a home cook. In this bestselling cookbook, Howie Southworth and Greg Matza&#151;best friends and adventurous home cooks&#151;share one hundred recipes for cooking in a skillet on the stovetop or outdoors on a grill or campfire. Here you'll find easy-to-follow recipes for: Spinach and cheddar frittataCajun biscuits and gravyHeavy metal pizzaCreole jambalayaBacon fried steakBlackened catfishCrispy mac and cheesePeach cobblerCampfire taquitosAnd more! Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

## Book Information

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## Customer Reviews

Howie Southworth is a globetrotter, insatiable gastronome, and avid cast-iron cook. Armed with a

culinary degree and two hungry sons, he regularly attempts to recreate his favorite dishes from around the world. An educator by day, Howie loves the sizzle of bacon and long walks on the beach. He lives in Alexandria, Virginia. Greg Matza grew up in Los Angeles, weaned on a diet that stretched from Iran to the Philippines to El Salvador; all within a couple of miles from his home. Greg is currently the proud parent of an 80,000 BTU propane burner and a collection of very nice potholders. They all live happily in the San Francisco Bay area.

This cookbook has been extremely fun to explore with. At first glance I expected standard run of the mill recipes for cook outs and camping...boy was I surprised. While there are recipes to be used over an open fire, this book exposes all the great uses of the black iron skillet in your kitchen! Who would have thought about making lasagna in a skillet? But even the lasagna had twists on the recipe. Even the traditional type recipes have twists in the ingredients. As an example, it would be no surprise to find a recipe for fried chicken in this type of cookbook, but this recipe has some crazy good flavors I could not have imagined (don't want to give away the recipe!). My 6 year old said they were "the best chicken fingers she ever had! What makes this cookbook even more fun is the two authors share an anecdote on each recipe about where they got the idea, or a story about the first time they made it. I spent an hour just going through the cookbook and reading the anecdotes. The two authors clearly enjoy cooking and they bring that enthusiasm to you in their personal stories. I have now made 5 or six of the items in the cookbook and they have all been hits! Get this cookbook for your kitchen.

"One Pan to Rule Them All" is the only cookbook you will ever need. It covers all meals, from the start of your day to the very end. In addition, it will satisfy any Life Style. To make your prep even easier, all you need is One Pan. It really means only One Pan. As far as the recipes.....well, all you have to do is try them and you will be hooked on this type of cooking. They will satisfy any pallet. This book guides you through the purchasing and care of your Cast-Iron, as well. Worth the purchase and you will enjoy.

We received an old-fashioned cast iron skillet as a wedding gift more than 40 years ago. We put it to use, until it became so rusted from neglect that we consigned it to the back of a cupboard each time we moved. Being young, soon-to-be yuppies, we chose the newest, most expensive poshly-named cookware of the time, somehow losing track of that old-timey cast iron workhorse somewhere in one of our many relocations. In the intervening years, we've bought and cast away several pans and

skillets, and I've now come back to my cooking roots, and those of the brilliant, practical home cooks of my upbringing. I bought a new Lodge cast iron skillet a couple of weeks ago, and have been dazzling my family with luscious, crispy roast chicken and sizzling fajitas. "One Pan to Rule Them All..." is a delight to read; it is witty, warm, and informative. I bought a copy for myself and one for my newly-married son. I highly recommend this book, and the magic pan it celebrates!

Have tried several so far - eggplant parm, roasted cauliflower and apple crisp. Easy to make, kitchen smells great. This may become my go-to cookbook.

I am a big fan of LOTR so I just couldn't pass up a book with a title like that. I'm so glad I did purchased it. Many of the recipes only need a few ingredients and the pictures are full page.

Love my cast iron cooking

This is quickly becoming a kitchen staple. The recipes are easy to follow and delicious! There are fun and interesting backstories throughout. Highly recommend you try the brownies--made them for a cookout and they were a huge hit!

Just purchased this e book and reviewed the recipes. Everything looks great, easy to make and simple ingredients. Can't wait to get started in my cast iron pan!

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